

General Information on the ARROYO PARK TRAIL

TRAIL DESCRIPTION

This trail is located at the southwestern tip of the foothills of the Franklin Mountains. It is classified by the City of El Paso as a nature preserve in which no motorized vehicles can trespass. Located in the middle of a well-developed residential neighborhood is a great area to get away from the city. It is a 2 mile beginner's loop for mountain bikers, is full of excitement and located in a smooth terrain that even includes a few rolling hills. It is a fairly simple mountain biking trail, since it contains a good workout going up hill but enough excitement going down hill. This is a great trail even for kids, if you get tired you all can take a leisurely walk through the park and explore the natural environment as it flourishes from the base of the mountain and down into the city itself. Overall this is a great beginners trail in the middle of the city. It is a great option for the entire family.

WHEN TO RIDE

During the summer season it is recommended to ride the trail early morning and late afternoon when the temperature is not too high. In the winter you can ride throughout the day when the sun warms up enough but still not too hot. The average temperature in December and January is 60°F. In any case use sun block as you or your kids might get sun-burned. Make sure your bike is in good working condition for the mountain terrain. There is no lighting along this trail, therefore it is recommended that you calculate your time well to get back to your car before sunset.



HOW TO GET THERE?

COMING FROM EAST EL PASO:

Take I-10 West. Take exit #19A onto E Yandell Dr toward Mesa St. Take a right on N Mesa St., go for approximately 1.1 miles. Take a right on Robinson St. for 0.6 miles. Take a bear right down on N Virginia St., you will get to the El Paso Tennis Club, right next to it is the park. Parking is available at the end of the fence on your left hand side were the trail begins.

COMING FROM WEST EL PASO:

Take I-10 East. Take exit #16/Executive Center Blvd. and go 0.2 mi. Take a right on N Mesa St. and go 1.5 mi. Take a Left on Robinson St. for 0.6 miles. Take a bear right down on N Virginia St., you will get to the El Paso Tennis Club, right next to it is the park. Parking is available at the end of the fence on your left hand side were the trail begins.

FEATURES OF INTEREST

On this trail you will have a great diversity of plants from the area, if you go during the rainy season you will find that the bushes have grown a lot adding some excitement to the trail. It is also located right next to the tennis courts where the University of Texas at El Paso tennis team practices. In a good season day you may even catch a game while you ride your bike. Afterwards you can take your vehicle on 5-minute or less drive up to Scenic Drive lookout and enjoy the view of the Paso del Norte.



OTHER RECOMMENDATIONS

- Take plenty of drinking water as there are no water fountains along the trail. About 1 Quarter of water per hour of pedaling.
- Sunscreen is recommended at all times. Mosquito repellent might be usefull during summer.
- There are no specific resting areas in this trail, but you can always use a rock to use it as a seating place.
- There are plenty of restaurants and convenient stores on Mesa St. about 6 blocks West from the park. You will also find two bike shops in the same area, Crazy Cat; located on Cincinnati St and Mesa St. and The Bicycle Company located on Sun Bowl/Mesita St and Mesa St. further up north.
- There are no emergency phones available in the trail, therefore it is recommended that you bring a cell phone with you at all times, in case of an emergency call 911 and follow the instructions.
- Take a camera with you and take some shots of perhaps your first experience as mountain biker.



For more information log on to
www.sunrides.org

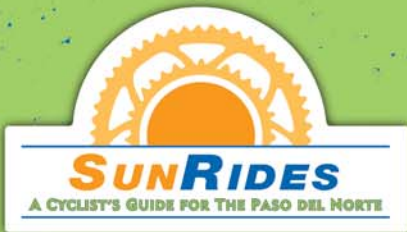


ARROYO PARK TRAIL
MOUNTAIN BIKING BEGINNER

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GUIDE TO THE BEST PLACES
TO RIDE YOUR BIKE



GENERAL SAFETY RULES

- ALWAYS WEAR A HELMET WHILE RIDING
- WEAR BRIGHT COLORS WHILE RIDING
- ALWAYS RIDE DEFENSIVELY
- OBEY AND FOLLOW MOTOR TRAFFIC LAWS AND SIGNS
- DRINK FLUIDS
- CARRY A PHONE WITH YOU
- ALWAYS RIDE ON YOUR RIGHT AND IN A STRAIGHT LINE
- YIELD FOR PEDESTRIANS
- LET MOTORISTS KNOW WHERE YOU INTEND TO GO WHILE RIDING

GENERAL INSPECTION BEFORE RIDING

- TIRES (correct air pressure)
- CHAIN (lubed)
- BRAKES (pads)
- GEARS
- WHEELS



- START
- BEGINNER ROUTE
- PARKING
- BIKE SHOP
- GENERAL STORE